

Here is an Example schedule for while schools are closed. You could write one with the children to give them ownership of it. Try to make the next few weeks fun, learning can take many forms.

Time	Activity	Ideas
9am – 10am	Exercise time	Walk, play in the garden, Joe Wicks, go noodle, dancing, yoga.
10 – 11 am	Academic time	Work set by School or using the learning platforms.
11 – 12 am	Creative Time	Baking, drawing crafting, playing music, lego, sewing.
12 – 12.30 pm	Lunch time	
12.30 – 1.00	Chore time	Wash up, fill/empty dishwasher, Tidy bedroom.
1pm – 2.pm	Quiet time	Reading, puzzles, audio books, jig saws.
2pm -3pm	Academic time	Work set by School or using the learning platforms.
3pm – 4pm	Fresh air	Walk, ride bike, scooters, gardening, Out door play.
4pm – 5pm	Dinner	
6pm to bedtime	Free Time	TV, card games, board games, device time etc.