



Year 6 Transition pack

Subject: PSHCE is all about you!

Personal – to do with you and what makes you special

Social – to do with your relationships with others

Health – all about caring for your mental and physical well-being

Citizenship – your rights and responsibilities in the UK

Economics – all about understanding how money (the E also stands for education too)

Transition activities

1. Create a poster to show what PSHCE stands for. Use symbols to represent each of the five areas of PSHCE. Add on why you think PSHCE is an important and useful lesson to have.
2. Think back over your time at home over the last few weeks. What you have been doing to help you feel good about yourself, keep in touch with friends, keep healthy, helped others in your community and continue to learn? Give a descriptive example of each. You can add pictures, symbols or photo evidence to support your work.
3. Interview up to 2 people in your household or who you have kept in touch with. Ask them what they have done to feel good help good about themselves, keep in touch with friends, keep healthy, helped others in their community and learn something new. What have you learnt about yourself by listening to them? What would be your advice to them?

Reading lists

Girls under pressure by Jacqueline Wilson
Four feet, two sandals by Karen Lynn William
Helicopter man by Elizabeth Fensham
A Boy Called Hope by Lara Williamson

Useful websites

<https://www.bbc.co.uk/bitesize/subjects/zqtnvcw>bbc bitesize PSHE and Citizenship
<https://www.childline.org.uk/>
<https://youngminds.org.uk/>
<https://www.nspcc.org.uk/>

Films/documentaries/videos to watch

Diary of a Wimpy Kid
Nanny McPhee
The Princes' Quest
Arthur and the Invisibles

Career links with this subject

Teacher, Social Worker, Youth Worker, Lawyer, Police Officer, Charity worker, Politician, Local Government, Journalist, Counsellor, Nurse, Doctor.

Find out more by visiting <https://www.startprofile.com/> and search for these jobs!