



“Work experience this year, has not been possible and so here is a programme of activities which link to the workplace to help you to still gain some of the key employability skills and knowledge you have missed out on. This week we would like you to take part in a world of work insight week to begin to get you thinking about your future aspirations and post 16 choices. Every day you may take part in the range of 20 lessons available to you all week via [Oak National Academy](#). The lessons will support you to gain insight into the world of work through employer videos and resources. There will also be tasks set for you to complete each day to develop and showcase employability skills.”

My Week Of Work **Virtual Work Experience**



My Week Of Work

Due to current circumstances work experience is not possible this year, we have however been given the opportunity by some very kind and amazing people to provide you with virtual work experience (VWEX). In the next slides you can read a bit more about it as well as see the time table and what is offered. There are 20 lessons spread through the week.

I will ask that after each lesson is done, whether you do 1 or more that you answer a few questions in word, you will find these questions on the 6th slide. It would be fantastic if everyone gets involved in this, it's a great opportunity and very useful.

There are some additional websites in the last slide that offer different VWEX experiences that you may want to do after too.

If you have any questions or concerns please do contact the careers team, and we will be happy to help.

careers@hansonacademy.org.uk



My Week of Work is brought to you in partnership with Oak National Academy and Learn Live

My Week Of Work

Introduction

What is the programme about?

Work experience this year, has not been possible and so here is a programme of activities which link to the workplace to help you to still gain some of the key employability skills and knowledge you have missed out on.

This week we would like you to take part in a world of work insight week to begin to get you thinking about your future aspirations and post 16 choices. Every day you may take part in the range of 20 lessons available to you all week via [Oak National Academy](#).

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Each session is a PowerPoint that you access. It has information, videos and task and is narrated all the way through. There is a virtual mentor who will pop up at various points to keep checking with you. There are mini tasks where you will be asked to pause the session to check your understanding and complete something exciting and there are key tasks for you to complete each day.



Here is a quick overview of the week:

	Monday	Tuesday	Wednesday	Thursday	Friday
Theme for the day	Introduction	Meet the Team: Human Resources	Meet the Team: Marketing	Recruitment	Meet the Boss: Leadership
Session title	Investigate the Sectors (1)	Work Life Balance	Innovation and Creative Thinking	HR Recruitment	CV Creation
Skills development and showcase 		Students to design a poster to promote work-life balance in the workplace	Students to practice by 'Innovating the Pizza' and selling an idea to the boss of a pizza company.	Opportunity: Create a plan to recruit for a specific role in a business	Students to create a CV and to consider being bold about the format
Session title	Investigate the Sectors (2)	Mental Health and Well Being in the World of Work	Marketing Campaigns	Understanding Entrepreneurship	Employability Skills in Everyday Life
Skills development and showcase 	Encourage students to be creative in sharing their research in an engaging format i.e. blog/video, etc.	Students to share their ideas about what employers should be doing to develop employee MHWB	Students to plan a Social media campaign to promote the importance of social distancing to 12-17 year olds via social media.	Students to develop a proposal for a youth social action project	Students to start to draft model answers for how they demonstrate employability skills
Session title	Insight into the World of Work	Work Skills and Reflection	You as a Brand!	Project Planning	Reflection of the week
Skills development and showcase 			Students to create an 'elevator pitch' all about them	Students to create a project plan to develop Youth Social Action Proposal	Students to start to draft their own Action Plan

How do I access the programme?

You can access 'My Week of Work' lessons directly through the Oak National Academy platform at www.thenational.academy there is no registration required.

You can also register with LearnLive for sessions where you can listen and use a chat function to ask questions of employers from different sectors. [Register here.](#)

[Access Oak National Academy lessons here](#)

[Register for Learn Live sessions here](#)



Free to access

Information for your parents

We know how important it is that you are working safely online. All of these activities are designed and moderated to make sure that you are well protected. See more information:

[Oak National Academy safeguarding policy.](#)

[Learn Live safeguarding policy.](#)

Learn Live Timetable

Tune in to one of the 'Learn Live' broadcasts Tuesday to Friday – these are industry Q&A sessions that seek to inspire the next generation through engaging and interactive live broadcasts. Register for the Learn Live sessions [here.](#)

	Tuesday 9th June	
1	10:00am- 12:00pm, Health & Social Care	Register here for Tuesday
2	12:00pm - 1:00pm, Mix of sectors	
3	1:00pm - 3:00pm, Creative & Digital	
	Wednesday 10th June	
1	10:00am - 12:00pm, Engineering / Manufacturing	Register here for Wednesday
2	12:00pm - 1:00pm, Mix of sectors	
3	1:00pm - 3:00pm, Construction	
	Thursday 11th June	
1	10:00am - 12:00pm, Energy & Renewables	Register here for Thursday
2	12:00pm - 1:00pm, Mix of sectors	
3	1:00pm - 3:00pm, Mix of sectors	
	Friday	
1	10:00am - 12:00pm, Mix of sectors*	Register here for Friday
2	12:00pm - 1:00pm, Mix of sectors *	
3	1:00pm - 3:00pm, Your Next Steps	

Questions to be answered after a lesson

I kindly ask that after you complete a lesson, you answer these questions in a word document and send it to myself, Mr Swaine or Mr O'Neill. If you do more than 1 lesson then answer these again for each lesson.

- What did you learn from this lesson?
- Did you enjoy it? Or did you not enjoy it? Why?
- What would you change about these lessons?
- Is there a different VWEX you would want to do that was not provided this time? Elaborate

Please make sure to put your name on the document and title of what lesson you are telling us about.

VWEX LINKS

This is a law VWEX

[https://www.insidesherpa.com/virtual-internships/prototype/HECBn5zqCvBpAXitG/White-&-Case-UK-Programme?utm_source=social&utm_medium=\(organic\)&utm_term=&utm_content=&utm_campaign=](https://www.insidesherpa.com/virtual-internships/prototype/HECBn5zqCvBpAXitG/White-&-Case-UK-Programme?utm_source=social&utm_medium=(organic)&utm_term=&utm_content=&utm_campaign=)

This is a general VWEX

<https://barclayslifeskills.com/i-want-virtual-work-experience/school/virtual-work-experience>

This is another general WEX

<https://www.speakersforschools.org/experience-2/vwex/>

This is a medical VWEX

<https://bsmsoutreach.thinkific.com/courses/VWE>