

## How Can Parents/Carers Support the Transition from Primary to Secondary School?

### Over the summer

- Understand how your child may be feeling.
- Encourage self-organisation such as putting clothes away - when they start with us they will be more likely to be organised in their uniform and equipment.
- Increase independence - get them to organise a family outing.
- Minimise criticism - they need to gain confidence.
- Treat it as a 'right of passage' - make it feel important and exciting.
- Keep information packs in view to be looked at regularly and discussed with you.
- Do not make the last few days too exciting - a bit of boredom may help them look forward to a new start!

### When attending school

- Make sure they go to bed early and make sure that they go to sleep and are not distracted by phones, TV, games etc.
- Help them manage their time, so that homework is not left until the last minute.
- Help organise themselves by getting their uniform ready the night before so that they are not rushing in the morning.
- Ask to see their planners so that you know what they might need e.g. PE kit, ingredients for Food Technology etc.
- Plan family meals around homework commitments.
- Be tolerant of tetchiness, they will be exhausted!
- Show an interest in what they have been doing and learning.
- Trust that they will manage to do well.

**Please take every opportunity to increase links between Hanson School and your family. We firmly believe that a partnership between home and school is vital.**