

Recommended Kit List

Bronze Practice walk

Personal kit – provided by yourself

- Small rucksack
- Waterproof Jacket / Cagoule
- Waterproof Over-Trousers (if desired)
- Walking Boots (school can provide these if required – see below)
- Walking socks
- First Aid Kit (*plus any personal medication*)
- Water Bottle (at least 1 litre capacity)
- **Food** for lunchtime
- Whistle
- Note pad & pen
- Mobile phone (*brought at owners' risk & to be used in an emergency only*)
- **Clothes suitable for walking** i.e. not Jeans (*check the weather forecast – we will be walking come what may!*)
- Hat/Gloves/Scarf – even in summer conditions in case of emergency
- Sun Cream
- Sun hat

Provided by school

- Maps
- Compass

Kit hire:

We are able to provide walking boots if required but we have a limited supply of sizes.

Please use the kit hire form if you require walking boots for this walk. Please note this equipment **MUST** be returned to us following the expeditions as we use this again for other students. It must be returned in good condition and respected.